



## NUTRITION AND DIETETICS MAJOR

### Four Year Plan

This is a suggested program guide. It is not to be interpreted as a contract. Changes may occur.  
Please see your program advisor. Updated 6/20

YEAR	FALL SEMESTER	SPRING SEMESTER
First Year	BENV100 Becoming a Scholar 3 <b>NTR 105 Intro to Foods 3</b> <b>NTR 225 Fundamentals of Nutrition 3</b> <b>CEM 121 General Inorganic Chemistry 1 5</b>  Total 14	<b>NTR 325 Lifecycle Nutrition 3</b> <b>NTR 210 Food Science 4</b> Writing Well Competency 3 <b>CEM 122 General Inorganic Chemistry 2 5</b>  Total 15
Second Year	<b>NTR 260 Obesity Res. &amp; Sports Nutrition 3</b> <b>CEM 221 Organic Chemistry 4</b> <b>BIO 230 Anatomy &amp; Physiology 1 4</b> <b>MGT 354 Principles of Management 3</b> Reading the Bible Competency 3  Total 17	<b>NTR 335 Public Health Nutrition &amp; Policy 3</b> <b>MGT 364 Human Resource Management 3</b> <b>PSY 110 Introduction to Psychology 3</b> <b>BIO 231 Anatomy &amp; Physiology 2 4</b> Speaking and Listening Competency 3  Total 16
Third Year	<b>CEM 335 Cell Biochemistry 4</b> <b>NTR 240 Physical &amp; Nutr. Assessment 2</b> <b>NTR 310 Food Service Systems Mgt. 4</b> PSY 284 General Statistics 3 Elective 3  Total 16	BENV300 Cross Cultural Experience 3 <b>NTR 351 Research in Food &amp; Nutrition 3</b> <b>Or NTR 386 Advanced Nutrition 3</b> <b>NTR 340 Human Pathophysiology 3</b> <b>NTR 250 Nutrition Educ &amp; Communication 3</b> <b>BIO 301 Microbiology 4</b>  Total 16
Fourth Year	<b>NTR 375 Medical Nutrition Therapy 1 4</b> BENV 400 Christian Values in a Global Comm. 2 Creative Expression Competency 3 Exploring the Past Competency 3 Elective 3  Total 15	<b>NTR 376 Medical Nutrition Therapy 2 4</b> Religious Understanding Competency 3 <b>NTR 403 Seminar In Food &amp; Nutrition 1</b> <b>NTR 351 Research in Food &amp; Nutrition 3</b> <b>Or NTR 386 Advanced Nutrition 3</b> Elective 2  Total 13

124 total hours to complete graduation requirements (this includes 2 hours of arts and lecture credit)

BENV 200 is met through an alternative pathway.

Competencies met through major requirements: Speaking and Listening met with NTR 250, Living Well met with NTR 105 and 225, Understanding Self and Society met with PSY 110, Scientific Inquiry met with CEM 121, and Critical Analysis met with BIO 230.